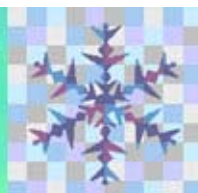




Mountaineers Square Dance Club

*Bill and Jean Mayne
Corresponding Secretaries*

**11733 W. Stanford Dr.
Morrison, CO 80465**



MOUNTAINEERS JANUARY 2010 TRAILBLAZER



Trailblazer

Mountaineers Square Dance Club

Edited by Bill and Jean Mayne

Please send articles & information to; jeanononyx@hotmail.com or 303-973-8445

Our club web page is <http://www.squaredancing.com/mountaineers/>

FYI - There are two ways to receive your TRAILBLAZER:

- (1) *E-Mail Note – this way you get it in full color and save the club the cost of printing and mailing (about \$1.50 per month). You can also print it out in either color or black and white – depending on your preference.*
- (2) *The OLD FASHIONED way – receive a printed copy – Black & White only! You can still save the club the cost of postage if you pickup your copy at the 1st Club Dance each month*



Presidents Letter



By Mike and Merry Lou Stafford

What a wonderful dance we had on New Year's Eve. Doug Davis did a wonderful job of entertaining and calling for us until the wee hours of the morning. Bob Lyon did a wonderful job for our Round Dancers and there were a lot of them. We had a tremendous turn out for the dance (14 3/4 squares) and we had a great breakfast. I don't think anyone went away hungry!

We look forward to a wonderful year of dancing and growing our club. We are so excited about getting some of our previous club members back into the club and dancing with them on a regular basis. We really miss them. We really appreciate all the club members and their contributions at every dance.

We would like to thank the 2009 board members for all their hard work last year. It was great working with all of you:

Jeff Cox and Lynette McElveen - Presidents, Mike and Lynne Robbins - Recording Secretary, Dale & Sue Stephens - Corresponding Secretary, Larry & Ann Amsler - Sr. Treasurers, Lois and Dwayne Sterling and Dale & Sue Stephens - Jr. Treasurers, Ron and Karen Newton - Past Presidents. Committee heads include Dan McPeck & Judy Winter - Banner Stealing, Dick and Kathy Niebels - Sr. Hospitality, Carol Neises - Jr. Hospitality, Dale & Sue Stephens - Bulletin Newsletter, Lyle & Kathy Gillett - Sr. Council Reps, Del & Mary Stansbery - Jr. Council Reps, Pat Bailey & Walt

Perry – Decorating, Laurie Bendell – Historian, Judy Taylor – Photographer, Richard and Lila Keilwitz – Webmasters, Norma Hatcher - Calling Committee Chair, Dale & Sue Stephens- May Madness, Sandy Sugerman - 2010 State Festival Rep.

Now we would like to thank our current board members for volunteering to serve for the 2010 year and they are as follows:

Jack Baker - Vice President, Tim and Marilyn Cassidy - Recording Secretary, Bill and Jean Mayne - Corresponding Secretary, Dale and Sue Stephens - Sr. Treasurers, Gene and Valerie Tabor - Jr. Treasurers, Jeff Cox and Lynette McElveen - Past Presidents. Committee heads include: Del & Mary Stansbery - Sr. Council Reps, Jon & Jan Hormuth - Jr. Council Reps, Tim and Marilyn Cassidy - Decorating Committee, Laurie Bendell – Historian, Judy Taylor – Photographer, Richard and Lila Keilwitz – Webmasters, Norma Hatcher - Calling Committee Chair, Lyle and Kathy Gillett - Membership/Class Coordinators. Lyle and Kathy are also Chairmen of May Madness. With these wonderful people the club will be certain to have a successful year.

As you will notice there are a couple of Committee Heads that still need to be filled and we are looking for volunteers to fill those positions. Until we find those wonderful people Mike and I will be doing the jobs. So please help us even if it's only taking part of the responsibility of the committee. Any and all help will be appreciated.

If you have not paid your dues for 2010 please do so as soon as possible. We would like to see everyone that was on last year's roster join us again this year. We look forward to dancing with you as part of our club in 2010. We would also encourage you to invite past members to join us again this year, we miss them.

Don't forget our Hospice Dance on January 30th. We will be having a wonderful time I'm sure. We want to have a great turn out for the dance.

See you in a square.



KALLER'S KORNER

Happy New Year to everyone. I have already starting getting phone calls about our Plus Workshop starting on February 1, 2010 at 7:00 pm. Please help out and pass the word around and I am sure we will have a great class and a lot of fun. Also, our annual Hospice Dance is on January 30, 2010. I hope to see all of you there. Last but not least, below is the third part of Stepping Out In Style.

STEPPING OUT IN STYLE !!

Good styling is smooth dancing Smooth dancing is Good Styling!

Compiled by Steve Sandeman

(Third of a three part series)

Some dancers worry that they will not have sufficient time to complete the call and tend to PUSH their way around the square. This is not necessary!...the caller will allow enough time for each move. To take fewer than the number of required steps for comfortable dancing means that you'll be rushing things. Relax and move to the beat of the music...of the music...of the music.

QUICKEES: Keep Stars & Promenades even and STRAIGHT!...Keep hands up in promenade...SMILE!!...Don't rock back, or balance, on the Grand Right or Left...Don't jerk, push, or over-exaggerate any of the movements...Try(!) completing a Grand Square in 64 beats, taking one step for each beat!! Be Unique!!...Try(!) Dancing proper back-to-back Do-SA-Dos!!

SKIRT WORK

Ladies, there is no strict "rule" for skirt work, as it's really an individual feeling for the music and use of your skirt. A few guidelines, however, may help. When your hand is free and there is time, you may flip the skirt forward or back, as it feels comfortable for you. On "Weave the Ring", grasp a hand full of petticoat through your skirt and flare it (sloowly) as you weave past the men; as you pass right shoulders, bring your right shoulder forward a bit and, with your right hand, flare the skirt; as you pass left shoulders, rotate the left shoulder slightly forward and with your left hand, flare the skirt again.

If you like the "Skaters" promenade position with left hand joined and the gent's right hand at the small of the ladies' back, this leaves the ladies' right hand free to do skirt work-with the music-on the promenade.

There are a few other places where the ladies can exercise good skirt-work. Such is the case with "couples Circulate" where the lady should hold the skirt and petticoat with the free hand when the ladies are on the end of a line formation.

SWING

Most new dancers are taught the "walk-around" Swing because it is easier for new dancers to learn. If you use the "Buzz-Step" Swing where right feet are forward, side by side, and the left foot pushes, much as pushing a scooter, keep in mind that the action is to be smooth with no bouncing up and down. If you gents think a twirl

follows every Swing, we must tell you, the twirl is strictly the ladies' choice and is best left off unless you are moving into a promenade when the twirl is done as you progress forward. Never twirl the lady when the next call is "Circle Left" or "Allemande left". IF there is a twirl, remember, men, your left hand merely assists the woman, it does not wind her up!! Ladies, if you do not wish to twirl, do not put your hand up for the gent to take hold of it. And, men, every time you Swing a lady, she becomes your new partner. Finally, on this point, a lady will enjoy a Swing much more if her feet stay on the floor!!

Be a Square Dancer...not a Square "Stander". When not active, do not stand motionless in place like some bit of statuary but, rather, move slightly to the rhythm of the music. This constant being in motion keeps you alert and ready for whatever is to happen next. The importance of motion in time with the music's tempo cannot be overemphasized, for it is the element of which we "dance". Don't "fall asleep at the switch"....you're really never an inactive dancer at any time!

Mountaineers Banner Stealing Poicy

According to Mountaineer policy we are permitted to borrow one couple (2 people) to complete a square when stealing or retrieving. January has been a good month for our club with one banner stolen and 2 banners retrieved. To get credit - after the dance, please make a list and notify me who attended and your success at getting the banner. The board would like to remind you that even if the club does not have a full square of dancers, you will be credited with a visitation. Please keep us informed of any and all your visitations.

Mike & Merry Lou

m_ml@comcast.net phone: 720 362 3491



REPORTS



MOUNTAINEER MOUNTAINEERS BOARD MEETING OF DECEMBER 14, 2009

Attendance: Lyle & Kathy Gillett, Bill & Jean Mayne, Mike and Merry Lou Stafford, Mike & Lynne Robbins, Dan McPeek & Judy Winter, Walt Perry & Pat Bailey, Don Furnish, Dick & Kathy Niebels Dale Stephens, Dick & Gwen Laine, Valerie & Gene Taber, Carol Neises, Richard & Lila Keilwitz, Larry & Ann Amsler, Lynette & Mike McElveen, Jeff Cox, Marilyn & Tim Cassidy, and Laurie Bendell.

The Board Meeting was held at Country Buffet in the Phar Mor Plaza, Englewood City Center and called to order by Co-President Jeff Cox at 7:07 p.m.

Respectfully submitted

Mike & Lynne Robbins
Recording Secretaries



HAPPY BIRTHDAY



January 2010

2	Phyllis Kamstra
6	John and Janet Hormuth
6	Ann Amsler
7	Mike Robbins
7	Elwanda Gille
8	Marcia LeVasseur
9	Richard Keilwitz
11	Kathy Niebels
14	Carol Neises
16	Diane Graham
22	Minnie Robbins
27	Bernie Karpinski
30	John Williams
30	Richard Laine

February 2010

4	Jeff Cox
19	Pat Buss
26	Kathy Gillett
27	Harriet Lorence

If we missed anyone's birthday please let us know so we can include you the next time.



NEWS around the Square



Cards sent this past month



Nancy Bowman Gifford	Recent surgery for a brain tumor



Dance Schedules

Callers & Cuers Host & Hostesses



Thanks again for all the dependable and hard workers who help the Mountaineers have great dances.
 Carol Neises

Please contact Carol at 303-798-4472 if you need to switch with someone due to unforeseen situations.

January 16, 2010

Caller: Don Furnish

Cuer: Justin Judd del Sol

Host & Hostesses:

Dick and Gwen Laine 303 933-1335

Chick Chiclacos 303 988-5617

Walt Perry and Pat Bailey 303-789-1752

January 30, 2010

Hospice Dance

Caller: Don Furnish & Volunteers

Cuer: Volunteers

Host & Hostesses:

Richard & Carol Bushu 303 267-0687

Richard and Lila Keilwitz 303-794-9465

Dick and Madeline Bobbin 303-683-2337

February 06, 2010

Caller: Bear Miller

Cuer: Roy Knight

Host & Hostesses:

** Dick and Cathe Markell (303-794-5765) Mike and Merry Lou Stafford (303-255-4784)

March 6, 2010

Caller: Bear Miller

Cuer: Sonny Risley

Host & Hostesses:

****To Be Determined**

March 20, 2010

Caller: Don Furnish

Cuer: Justin Judd del Sol

Host & Hostesses

****To Be Determined**

April 03, 2010

Caller: Lanny Weakland

Cuer: Arlin Sample

Host & Hostesses

****To Be Determined**

April 17, 2010

Anniversary Dance/Past Presidents Dance

Caller: **Don Furnish**

Cuer: **John Herr**

Host & Hostesses:

****To Be Determined**

May 01, 2010

Caller: **DebbieSteinkirchner**

Cuer: **Bob Lyon**

Host & Hostesses:

****To Be Determined**

May 15 2010

May Madness Dance

Caller:

Cuer:

Host & Hostesses:

****To Be Determined**

May 29, 2010

Caller: **Roger Schappel**

Cuer: **Roy Knight**

Host & Hostesses:

****To Be Determined**

2010 Officers and Committee Heads:

2010 Officers

<i>President</i>	Mike & Merry Lou Stafford
<i>Vice President</i>	Jack Baker
<i>Recording Secretary</i>	Tim & Marilyn Cassidy
<i>Corresponding Secretary</i>	Bill & Jean Mayne
<i>Sr. Treasurers</i>	Dale & Sue Stephens
<i>Jr. Treasurers</i>	Gene & Val Taber

Past Presidents:

Jeff Cox & Lynette McElveen

Committee Heads

<i>Banner Stealing</i>	Mike & Merry Lou Stafford
<i>Sr. Hospitality</i>	Dick & Gwen Laine
<i>Jr. Hospitality</i>	Unfilled
<i>Sr. Council Reps</i>	Del and Mary Stansbery
<i>Jr. Council Reps</i>	John & Jan Hormuth
<i>Sr. Decorating Chairman</i>	Tim & Marilyn Cassidy
<i>Historian:</i>	Laurie Bendell
<i>Membership/Class Coordinator</i>	Lyle and Kathy Gillett
<i>Photography</i>	Judy Taylor
<i>Webmasters</i>	Richard & Lila Keilwitz
<i>Calling Committee Chair</i>	Norma Hatcher
<i>May Madness</i>	Lyle and Kathy Gillett

- Visit the Mountaineers Web Site. See "What's New" on the web site.

<http://www.mountaineerssdc.org>