



MOUNTAINEERS NOVEMBER 2009 TRAILBLAZER



Trailblazer

Mountaineers Square Dance Club

Edited by Dale and Sue Stephens

Please send articles & information to; dalestephens@q.com or 303-973-8734

Our club web page is <http://www.mountaineerssdc.org>

FYI - There are two ways to receive your TRAILBLAZER:

- (1) *E-Mail Note – this way you get it in full color and save the club the cost of printing and mailing (about \$1.50 per month). You can also print it out in either color or black and white – depending on your preference.*
- (2) *The OLD FASHION way – receive a printed copy – Black & White only! You can still save the club the cost of postage if you pickup your copy at the 1st Club Dance each month*



Presidents Corner

By Jeff Cox and Lynette McElveen

In October we got to dance to the "Jeff duo", or as some have called it, the "Jeff's Squared" (Jeff Palmer and Jeff Cox) on the 3rd, and Don Furnish and John Herr on the 17th at our regular hall, Valley View Church of God.

Our Halloween/Costume Contest dance was held on October 31st, at the Maple Grove Grange with Lanny Weakland and Bob Lyon. The winners of the costume contest were Bob and Jackie Lantz from Prairie Stars for best couple. The prizes for best male and female went to our own Kenneth Salinas and Carol Neises.

In November we will have the opportunity to dance to Dave Guille and Sonny Risley on the 7th and with Don Furnish and Leroy Shade on the 21st. We will also be holding a can food drive on the 21st.

Several of our members will be attending the Colorado Round Dance Association Gala in Greely on November 6th and 7th at the UNC Ballroom. In addition to dancing with Colorado cuers, the participants will have the opportunity to dance and learn from Curt and Tammy Worlock of Plant City, FL and Paul and Linda Robinson of Oologah, OK.

If you are interested in serving on the Mountaineer Board for 2010, or would like to nominate someone, please contact Mike and Merry Lou Stafford. Don't forget to pay your 2010 dues...they were due by November 1, 2009.

Hope to see you on the dance floor.



KALLER'S KORNER

STEPPING OUT IN STYLE!!

Good styling is smooth dancing Smooth dancing is Good Styling!

Compiled by Steve Sandeman (First of a three part series)

If you wish to improve the appearance of your dancing, consider your style of dancing. Stylish dancing does not make a person a "show-off" or a snob. Style is the manner in which you express feeling of the music through your dancing. Good style improves the appearance of every type of dance: square, round, social, and night club dancing.

Three basic things contribute more toward good style than all others. They are balance, posture, and small steps. Stand tall, head up, chest up, tummy in, and "sitting room" tucked under. Think tall...move gracefully...maintain good posture at all times. Looking at your feet will destroy your posture and balance; it causes you to bend at the hips, protrude your rear end, bend the knees, bounce, and it interferes with your thinking and the musical mood. Concentrate on the music and be motivated by it.

Small steps contribute to good style. Balance and good posture are easier to maintain when steps are small. Mistakes will be smaller and fewer when steps are small and you'll find yourself not rushing through your steps. Learn the basic figures well...use them naturally & properly. Good styling requires smooth well-timed position and direction changes, and that figures be executed with a high degree of confidence. Confidence comes from knowing how to step or transfer weight, where to put your foot on each step, and which way to turn.

Strive to dance in a comfortable manner using relaxed body movements. When a movement or figures seem awkward, it probably looks awkward! Develop your own individual style and enjoy it. Avoid drastic deviations. One method of acquiring good style is to copy it, such as watching good dancers and teachers. Until you develop an understanding and appreciation for good style, don't be over impressed by "showy kid stuff." It also pays to watch the less stylish or qualified dancers to identify those things you would like to eliminate from your style. Style should suit YOU...with your own individual characteristics such as size, shape, and agility.

Each dancer should know - independently- the move they are to execute. There should NEVER be any pushing or pulling in any dance. It's okay to be wrong, but never okay to be vague. You must know what you are going to do. You should strive to be dancing with your partner, not just holding on!!

(To be continued)



REPORTS



BANNER STEALING



Mountaineers Banner Stealing Policy

According to Mountaineer policy we are permitted to borrow one couple (2 people) to complete a square when stealing or retrieving.

In order to give credit, after the dance, please make a list and notify me who attended and your success at getting the banner.

Judy Winter

jwinter80465@yahoo.com 303-933-2037



NOTICES



Attached is a Membership Renewal form for the 2010 membership dues. Please take the time to fill out the form and submit to the Treasurer by November 1, 2009. Be sure to mark your date preference for serving as Host/Hostess. Also, if you are interested in serving in an office or on a committee, please mark your choice on the form. Your club needs you.

Also attached is a form that the DAS&RDC has asked us to have each dancer complete. The information will be entered into a data base and used to help identify trends in the square dance community such as: what part of the area do the majority of dancers live in, how long have dancers been dancing, what is the average number of dances per month attended, where best to concentrate efforts to recruit new dancers, etc. The email address can be used to notify the whole dancing community of emergency and other special announcements.

The form is voluntary. You don't have to fill it out, or you can fill out only the information you want shared with the DAS&RDC. You may complete all, some, or none of the information. After filling out the form, give it to any club officer.

The following persons were nominated for club officers at the Oct. 17th dance.

President	Mike and Merry Lou Stafford
Vice President	Jack Baker

Recording Secretary
 Corresponding Secretary
 Sr. Treasurer
 Jr. Treasurer

John and Jan Hormuth
 Bill and Jean Mayne
 Dale and Sue Stephens
 Gene and Val Taber



November 2009		December 2009	
3	Valerie Taber	3	Jack Baker
5	Con Ogden	5	Wilton Helm
7	Merry Lou Stafford	6	Erica Nelson
10	Shirley McBroom	13	Wayne Lance
12	Steve Lewis	14	Frank Asdell
13	Judy Winter	18	Marilyn Hauswirth
22	Denise McDaniel	20	Karma Dornfeld
23	Lynne Robbins	24	Penny Juoni
23	Mike Stafford	25	Dick Bobbin
23	Ron Newton	25	Steve Braunstein
25	Dick Markell	27	Bill Altman
26	Dick Niebels	27	Bev Lowrimore
28	Carole Furnish		
28	Dave Borden		
29	Eleanor Lewis		

If we missed anyone's birthday please let us know so we can include you the next time.



Sue and I would like to hear from anyone who has news about themselves or their friends in the club. We would like to keep our membership informed regarding the activities of our peers. Do you know who made a trip, who had a new grandchild, who moved, who received some honor or award, etc.

Fall Happenings

Sue and I received a very nice letter from Bernie Karpinski recently. Bernie wrote:

“We made a driving trip to Jackson, Mo. (110 miles South of St. Louis) to visit with Vi’s brother in June, prior to his cancer surgery. One third of his esophagus and stomach was removed. Al came through surgery o.k. It is a very slow recovery. Has a whole new regiment as how to eat. He is making exceptional progress.”
Bernie also wanted to thank everyone for their calls, cards, and prayers.

We recently learned something interesting about club member Jean Mayne. Jean knits with two different groups each week. One group is called “Warm Hearts/Warm Babies”. They knit articles of clothing –hats, booties, blankets, etc. for newborns of mothers who need a little help. Each baby receives a 30 pound bag with hand-knitted items plus pacifiers, bottles and diapers. Jean doesn’t need any yarn donations right now but you might check with her after the holidays. You can save and donate any loose change toward those items that have to be purchased.

We also learned that John and Jan Hormuth are proud grandparents for the first time. Baby Eliza weighed in at eight pounds and is doing well. Congratulations to John and Jan and Eliza’s parents.

John and Elwanda Gille enjoyed a vacation in October visiting the Canadian Maritime Provinces of Nova Scotia, Prince Edward Island and New Brunswick, including Campobello Island. The 18 day tour also included Bar Harbor, Maine plus Boston and Cape Cod, all the way to Provincetown, in Massachusetts.

Dwayne and Lois Sterling returned the first week in Oct. from a month-long trip to New Zealand and Australia and were recovering from jet lag and trying to get back in to a routine. They spent one week on each of the two islands of New Zealand. Then on to Australia, visiting many places including Sydney, Dunk Island, the Coral Reefs, etc. They had planned their own trip itinerary.

Do you have an idea for the next trivia question? If so, we’d love to hear from you.



Gwen Laine	Get well – recent surgery
Sandy Sugerman	Glad you are feeling better
Val Taber	Get well – recent illness



Dance Schedules

Callers & Cuers Host & Hostesses



November 7, 2009

Caller: Dave Guille

Cuer: Sonny Risley

Host & Hostesses:

Con and Marge Ogden 303-979-2026 Wilton and Judy Helm 303-526-5222
Tim and Marilyn Cassidy 303-290-8673

November 21, 2009

Caller: Don Furnish

Cuer: Leroy Shade

Host & Hostesses:

Walt Perry and Pat Bailey 303-789-1752 Rick and Vicky Wagner 303-908-2807

December 5, 2009

Caller: Bear Miller

Cuer: Roy Knight

Host & Hostesses:

Ron and Karen Newton 303-771-0641 Dick and Madeline Bobbin 303-683-2337
Gene and Val Taber 303-933-1376

December 19, 2009

Christmas Dance

Caller: Don Furnish

Cuer: Justin Judd del Sol

Host & Hostesses:

Chuck and Ann Wheeler 303-979-5065 Dave and Mona Borden 303-902-0769

December 31, 2009

New Year's Dance

Caller: Doug Davis

Cuer: Bob Lyon

Host & Hostesses:

2009 Board

Thanks again to all the helpers who just show up early and help and to those who stay a few minutes after the dance to help clean up. **Carol Neises 303-798-4472**

2009 Officers and Committee Heads:

2009 Officers

<i>President</i>	Jeff Cox and Lynette Ivy
<i>Vice President</i>	Mike and Merry Lou Stafford
<i>Recording Secretary</i>	Mike and Lynne Robbins
<i>Corresponding Secretary</i>	Dale & Sue Stephens
<i>Sr. Treasurers</i>	Larry and Ann Amsler
<i>Jr. Treasurers</i>	Dale and Sue Stephens

Past Presidents: Ron and Karen Newton

Committee Heads

<i>Banner Stealing</i>	Dan McPeek & Judy Winter
<i>Sr. Hospitality</i>	Dick and Kathy Niebels
<i>Jr. Hospitality</i>	Carol Neises
<i>Bulletin Newsletter</i>	Dale & Sue Stephens
<i>Sr. Council Reps</i>	Lyle and Kathy Gillett
<i>Jr. Council Reps</i>	Del and Mary Stansbery
<i>Sr. Decorating Chairman</i>	Walt Perry & Pat Bailey
<i>Historian:</i>	Laurie Bendell
<i>Photography</i>	Judy Taylor
<i>Webmasters</i>	Richard & Lila Keilwitz
<i>Calling Committee Chair</i>	Norma Hatcher
<i>May Madness</i>	Dale and Sue Stephens

➤ Visit the Mountaineers Web Site. See "What's New" on the web site.

<http://www.mountaineerssdc.org>

2010 - Mountaineers Annual Membership Dues

- Annual dues are \$20.00 per couple or \$10.00 per single. **They were due by November 1, 2009**
- Make checks out to Mountaineers Square Dance Club and mail or give to the Treasurers at a dance.

***** Dale & Sue Stephens, 7879 W Fairview Ave, Littleton, CO 80128, 303-973-8734 *****

NOTE:

Please be sure to include this completed form with your check to ensure accurate and complete information, plus the greatest participation level from all of our members.

Name(s):		Phone:	
Address:		City:	
e-mail address:		State:	Zip Code:
Birthdays: (month/day)	HIS:	Hers:	

Club membership requires members to serve as Host/Hostess of a dance - one dance a year

Please mark your first and second serving preferences by marking a 1 and 2 by your choice:
Also, indicate with a **NO** what months you absolutely cannot serve.
Every effort will be made to give you your marked preferences.

January:	February:	March:	April:
May:	June:	July:	August:
September:	October:	November:	December:

If you would consider serving more than once a year please check this box It would help a lot

Please indicate your willingness to serve in an office or committee in the coming year or the future:

President Vice President: Recording Secretary: Corresponding Secretary: Treasurer:
 Banner Stealing: Hospitality: Council Reps: Decorating Committee:
 Historian: Webmaster: Calling Committee:

Do you need a badge? First name _____ (in large letters), last name in small letters

Must pre-pay; include with your membership dues (Badge: \$11 magnet type, \$9 pin type).

Attention Treasurers:

Send a PDF copy to each of the respective committee heads and in addition to the following: Presidents, Vice Presidents, and Corresponding Secretaries. E-mail if they have an e-mail address, otherwise mail or personally give copies to those who do not have e-mail.

DAS&RDC Dancer Information Sheet

Please fill out the following form completely and give to your club president or Council Reps to give to the DAS&RDC Officers. **Fill out one per dancer.**

First Name: _____

Last Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

E-mail: _____

Primary Sq Dance Club: _____

Additional Clubs: _____

Are you currently a club officer: ___ **Office:** _____

Year you started dancing: _____

How often do you dance (average per week) _____ (average per month) _____

#State festivals attended: ___ **Last year you attended:** _____

If you belong to more than one club, only one form needs to be filled out per dancer. If you have questions please email councilpresidents@hotmail.com. This information will not be sold. This information will only be used by Denver Area Square and Round Dance Council for dancing related purposes.